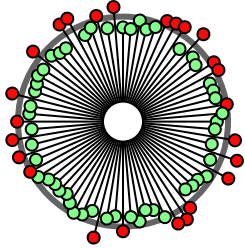


Client: Jane Doe
Visit Date: 4/30/2011
Return Visit:

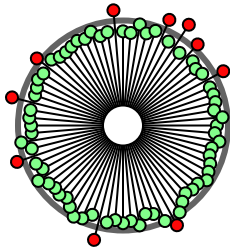
Angela Shim, Core Vitality Coach
angela@vibrantbalance.com

Product Assessment Results



Baseline

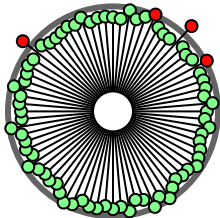
BioMarkers Out of Range: 25



YL - Lavender

BioMarkers Brought Into Range: 15

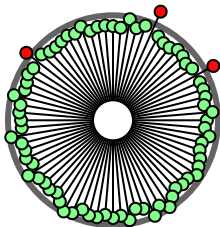
Category: Weight Management
Usage Directions: 1 Drop 1 times per day



YL - Juva Flex™

Additional BioMarkers Brought Into Range: 6

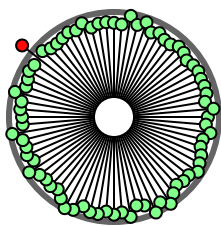
Category: Weight Management
Usage Directions: 1 Drop 1 times per day



YL - Super B

Additional BioMarkers Brought Into Range: 1

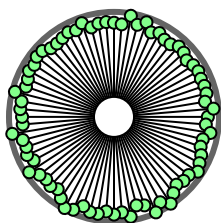
Category: Weight Management
Usage Directions: 1 Tablet 1 times per day



YL - RutaVaLa

Additional BioMarkers Brought Into Range: 2

Category: Weight Management



YL - SclarEssence™

Additional BioMarkers Brought Into Range: 1

Category: Weight Management

Usage Directions: 1 Drop 1 times per day

Descriptions

YL - Lavender

How to use: For dietary, aromatic or topical use. When using as a supplement, put one drop in a capsule or in 4 fl. oz. of rice or goat's milk. Lavender (*Lavandula angustifolia*) has a fresh, sweet, floral, herbaceous aroma that is soothing and refreshing. Because it is the most versatile of all essential oils, no home should be without it. Lavender is an adaptogen, and therefore can assist the body when adapting to stress or imbalances. It is a great aid for relaxing and winding down before bedtime, yet has balancing properties that can also boost stamina and energy. Therapeutic-grade lavender is highly regarded for skin and beauty. It may be used to soothe and cleanse common cuts, bruises, and skin irritations. The French scientist René Gattefossé was among the first to discover these properties when he was severely burned in a laboratory explosion. Lavender may also be used to enhance the flavor of foods. Lavender has an approximate ORAC of 3,669 (TE/L). TE/L is expressed as micromole Trolox equivalent per liter.

Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Dilution not required; suitable for all but the most sensitive skin. Generally safe for children over 2 years of age.

Item Number: 3575

YL - Juva Flex™

How to use: For dietary, aromatic, or topical use. When using as a supplement, dilute one drop in 4 fl. oz. of liquid such as goat's or rice milk. JuvaFlex™ is a combination of oils that have been studied for their supportive effects on the liver and the digestive and lymphatic systems. It may also support healthy cell function.* JuvaFlex™ works well with JuvaTone® tablets and Di-Gize™ essential oil blend.

Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Dilution recommended for both topical and internal use. Dilute before using on sensitive areas such as the face, neck, genital area, etc. Keep out of reach of children. Avoid using on infants and very small children.

Ingredients: Sesame seed oil, fennel (*Foeniculum vulgare*), geranium (*Pelargonium graveolens*), rosemary (*Rosmarinus officinalis* CT 1,8 cineol), Roman chamomile (*Chamaemelum nobile*), blue tansy (*Tanacetum annuum*), and helichrysum (*Helichrysum italicum*).

Item Number: 3375

YL - Super B

Super B™ contains a combination of B vitamins and the minerals magnesium, zinc, and selenium to help support healthy energy levels. B vitamins are particularly important to support the nervous system, normal cardiovascular function, and normal digestive function.* They are also vital for internal enzyme reactions that control energy, circulation, hormones, and overall health.* Because the actions of B vitamins are interdependent, a comprehensive complex like Super B is highly recommended.

Thiamin (vitamin B1) (as thiamin HCl): 25 mg per serving
Riboflavin (vitamin B2): 25 mg per serving
Niacin (vitamin B3) (as nicotinic acid): 100 mg per serving
Vitamin B6 (as pyridoxine HCl): 25 mg per serving
Folic Acid: 400 mcg per serving
Vitamin B12 (as cyanocobalamin): 100 mcg per serving
Biotin: 150 mcg per serving
Magnesium (as magnesium oxide): 25 mg per serving
Zinc (as zinc gluconate): 5 mg per serving
Selenium (as selenium yeast): 50 mcg per serving
PABA (para amino benzoic acid): 25 mg per serving

90 servings per container

How to use: Take 1/2 to 1 tablet daily, with a meal.

Caution: If taken on an empty stomach, you may experience a temporary niacin flush/warming sensation.

Keep in a cool dry place. Keep out of reach of children. Do not expose to excessive heat or direct sunlight. If pregnant or under a doctor's care, consult your physician.

Ingredients: Thiamin (as thiamin HCl), Riboflavin, Niacin (as nicotinic acid), Vitamin B6 (as pyridoxine HCl), Folic Acid, Vitamin B12 (as cyanocobalamin), Biotin, Magnesium (as magnesium oxide), Zinc (as zinc gluconate), Selenium (as selenium yeast), PABA (para amino benzoic acid), dicalcium phosphate, cellulose, magnesium stearate and stearic acid.

Item Number: 3240

YL - RutaVaLa

RutaVaLa promotes relaxation of the body and mind. It helps ease tension and relieve stress. The blend helps overcome negative feelings while encouraging a positive attitude and comfort.

How to use: For aromatic use only.

Caution: Keep out of reach of children.

Ingredients: Ruta graveolens (rue) oil, valeriana officinalis (valerian) root oil, and lavandula angustifolia (lavender) oil.

Item Number: 3419

YL - SclarEssence™

How to use: Put 1 - 2 drops in a capsule. Ingest 1 capsule daily as needed.

SclarEssence™ supports normal glandular functions.* It combines the soothing effects of peppermint with the balancing power of fennel and clary sage along with the gentle, calming action of sage lavender for an extraordinary dietary supplement.

Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician.

Ingredients: Clary sage (Salvia sclarea), peppermint (Mentha piperita), sage lavender (Salvia lavandulifolia), and fennel (Foeniculum vulgare).

Item Number: 3418